

Topic 049 爬山 Mountain Climbing

丹尼尔一直都很想爬山，无奈爸爸总是太忙。明天恰逢爸爸休息，所以他决定说服爸爸带他去爬山，他能成功吗？

Daniel: Daddy, how are you going to spend your weekends?

丹尼尔：爸爸，你准备怎么过周末呢？

Dad: I need to finish my research paper.

爸爸：我需要完成我的科研论文。

Daniel: Could you go with me to climb Xiang Shan?

丹尼尔：能陪我去爬香山吗？

Dad: Honey, I am sorry I have no time.

爸爸：宝贝，真抱歉，我没有时间。

Daniel: Oh, Daddy, you should do more exercise. You are getting a little heavy.

丹尼尔：哦，爸爸，你应该多做运动。你现在有些发胖了呢。

Dad: I am afraid you are right. Recently, even going upstairs makes me out of breath.

爸爸：我想你说得对。最近，爬楼都会让我上气不接下气的。

Daniel: Then go climbing with me, Daddy. Mountain climbing can build your muscles like Popeyes.

丹尼尔：爸爸，那就和我一起去爬山嘛。爬山会使你的肌肉像大力水手一样（强健）。

Dad: Terrific! It is also a good exercise to keep me fit.

爸爸：太棒了！爬山也是一种使我保持健康的运动。

Daniel: I give you my word, you must feel refreshed after mountain climbing.

丹尼尔：我向你保证，爬完山后，你一定会觉得神清气爽。

Dad: OK, I'll go.

爸爸：好的，我和你一起去。

Daniel: That's a deal.

丹尼尔：一言为定。

Dad: Sure.

爸爸：没问题。

生词小结

research	n. 研究
paper	n. 纸，论文
go upstairs	爬楼梯
out of breath	上气不接下气
muscle	n. 肌肉
keep fit	保持健康
refreshed	adj. 神清气爽的

注释

I give you my word. 我向你保证。

That's a deal. 一言为定。

语音小结 Pronunciation —— 边辅音 1 组

1. 清晰音 /l/ like climb little black

发音小贴士：出现在元音前。舌端紧贴上齿龈，舌前向硬腭抬起形成阻碍，气流冲破阻碍发音。

/l/ 是浊辅音，发音声带振动。

2. 含糊音 /l/ feel health build deal

发音小贴士：出现在辅音前后和词尾。舌端紧贴上齿龈，舌前下陷，舌后上台，舌面形成凹形，气流在此发出共鸣的声音。/l/ 也是浊辅音，声带振动。

对比练习 meal and let still and leave

经典背诵 Recitation

Daniel: Daddy is a very busy man and most of the time he has little time for any physical exercises. Recently, even going upstairs makes him out of breath. So the other day I asked him to go climbing with me. Dad knew that mountain climbing was a good exercise to keep him fit. So he said “yes”.