

今天是3月8日妇女节，现在是晚饭时间。平时总是妈妈一个人做饭，但是今天会有什么不同吗？

May: Mom! How can I help with the washing up?

阿美: 妈妈，我来帮忙洗点东西？

Mom: You peel the onions and wash them, then chop them.

妈妈: 你把洋葱削一下，然后洗洗，再切碎。

May: OK! Then what can I do after I finish it?

阿美: 好的。那么做完了之后我做什么呢？

Mom: Let me see. Wash the cabbage over there.

妈妈: 让我想想。把那棵卷心菜洗了吧。

May: OK, got it.

阿美: 好的，明白了。

Mom: What is your father doing now?

妈妈: 你爸爸现在在干什么呢？

May: Reading newspaper on the couch.

阿美: 坐在沙发上看报纸呢。

Mom: How about Daniel?

妈妈: 丹丹呢？

May: Staying with Ultraman, of course. You know he likes it very much.

阿美: 他当然是在看《奥特曼》啊。你知道他非常喜欢《奥特曼》的。

Mom: Be careful of the peeler. Don't cut your fingers.

妈妈: 当心，别切到你的手了。

May: I will.

阿美: 恩。

Mom: OK, we've finished. Can you get your father and brother?

妈妈: 好了，我们的工作做完了，去叫你爸爸和弟弟吧！

May: OK!

阿美: 好。

生词小结

peel vt. 削.....皮，剥落
onion n. 洋葱
chop vt. 剁碎，砍
finish vt. 完成

couch n. 长椅，睡椅，长沙发
peeler n. 削皮器
cut vt. 切，砍

Pronunciation 语音小结——双元音 2 组

1. /ei/ newspaper staying say lay

发音小贴士：口型由/e/向/i/滑动。发音过程中，下颚向上合拢，舌位也随之稍稍抬高。

2. /ai/ I like eye sight

发音小贴士：口型从/a/的部位向/i:/滑动。开始的/a/是前元音，舌位介于/æ/与/a:/之间，发音时舌尖抵住下齿。发音过程中，下颚迅速向下移动，开口逐渐缩小。

对比练习 /ei/和/ai/ may and fly day and cry fake and right lake and night

3. /əu/ OK know soap open

发音小贴士：口型由/ə/向/u/滑动。发音过程中下颚稍抬高，双唇由扁平收圆。

4. /au/ how now couch about

发音小贴士：口型由/a/向/u/滑动，开始部分的/a/与/ai/中的/a/相同，由/a/向/u/滑动，双唇逐渐收成圆形，并把舌后部稍稍抬起。

对比练习 /əu/ 和/au/ home and how boat and cow goat and mouse poem and now

经典背诵 Recitation

Mom: On Women's Day, I'd have a break from my housework. My husband Ben would cook for the family. But I would wash and chop the vegetables beforehand by myself. You know it's not really wise for you to trust the guys with cooking, though I'd appreciate it that he is willing to have a try.